

"Soul Food" from the Psalms (87-90)

Sunday Evening, May 10, 2026 – WOCC – Rich Howell

EVENING DEVOTION: A Contrast in Time (Psalm 90)

So, we know that God made us in His image and likeness, so we are like our Maker in many ways. But there are also differences and contrasts between man and God. One of those has to do with "time." God created it, set it in motion, yet is above it and beyond it. We, on the other hand, live under it and bound by it (wrapped up, tied up, tangled up in it!). The Psalmist speaks to this contrast and gives us some wise counsel in the process.

THE ETERNAL GOD (90:1-4)

1. "From everlasting to everlasting, _____ are _____! (90:2)
2. From generation to generation, our _____! (90:1)
3. God has a different perspective, and different _____ of time (90:4; 2 Pet 3:8-10)

TEMPORAL MAN (90:3,5-12)

1. Our lives are _____! (90:3,5-6,10; 89:46-48; James 4:13-16; Isa 40:8; 1 Pet 2:24; Eccl 3:1-11)
2. Our bodies return to _____ (90:3), while our spirits _____! (90:12; Gen 2:7; Eccl 12:7; Heb 9:27)
3. So, we need to be _____ (to _____ our days); and _____ (using the great asterisk, "___ the Lord _____," in all our plans!)

GOD'S PLAN: FROM TEMPORAL TO ETERNAL

4. So we lost access to the _____ of _____ (and eternal life) due to sin (Gen 3:22-24)
⌚ *Sin brought eternal _____ into the world! (Rom 5:12; 3:23; 6:23)*
5. The eternal Son of God (Heb 13:8) became _____ (John 3:16; Heb 2:9; 2 Cor 8:9), so we could become _____! (John 1:4; 1:14,17; 3:16; 4:13-14; 6:40; 8:12; 10:10,14; 11:25-26; 14:6; 17:3-4; 1 John 5:11-12)!
⌚ *Jesus brought eternal _____ into the world!*
6. _____ is the passage from death to life (John 5:24; Acts 26:18; Col 1:12-14).
Notice the three "imperishables" of 1 Peter chapter 1
⌚ 1:18-19 *The imperishable _____*
⌚ 1:22-23 *The imperishable _____*
⌚ 1:3-4 *The imperishable _____*
⌚ *When _____ will _____ "imperishable": _____!*
(1 Cor 15:50-54; Rev 22:14,17)