

“My bread (food) is to do the will of Him who sent me and to accomplish his work.” *John 4:34*

March 2026

DATE	DAY	OT READING	NT READING
2	MON	PS 43	MK 11 (20-25)
3	TUE	PS 44	MK 12:1-27 (1-12)
4	WED	PS 45	MK 12:28-44 (41-44)
5	THU	PS 46	MK 13 (28-37)
6	FRI	PS 47	MK 14:1-42 (22-31)
7/8	S/S	--	MK 14:43-72 (53-65)
9	MON	PS 48	MK 15:1-20 (16-20)
10	TUE	PS 49	MK 15:21-47 (21-32)
11	WED	PS 50	MK 16 (14-20)
12	THU	PS 51	LK 1:1-25 (8-17)
13	FRI	PS 52	LK 1:26-56 (26-38)
14/15	S/S	--	LK 1:57-80 (57-66)
16	MON	PS 53	LK 2:1-24 (7-14)
17	TUE	PS 54	LK 2:25-52 (41-52)
18	WED	PS 55	LK 3 (7-18)
19	THU	PS 56	LK 4:1-30 (13-21)
20	FRI	PS 57	LK 4:31-44 (31-37)
21/22	S/S	--	LK 5 (1-11)
23	MON	PS 58	LK 6:1-26 (1-11)
24	TUE	PS 59	LK 6:27-49 (27-38)
25	WED	PS 60	LK 7:1-23 (11-17)
26	THU	PS 61	LK 7:24-50 (24-30)
27	FRI	PS 62	LK 8:1-25 (22-25)
28/29	S/S	--	LK 8:26-56 (40-42a,49-56)
30	MON	PS 63	LK 9:1-36 (23-27)
31	TUE	PS 64	LK 9:37-62 (43b-50)

Daily Bread



Bible Reading/Study Guide 1st Quarter/Jan-Mar 2026

Helpful Hints to Daily Spiritual Nutrition!

📖 **Do the OT READING** early in the morning – consider it your “spiritual breakfast!” Look for three things while you read:

- A. *Something to THINK ON*
- B. *Something to ACT ON*
- C. *Something to PRAY ON*

That should hold you over until your main meal!

[HINT: Write down a few highlights from both readings in a journal or notebook. This can help you focus, and retain more of what you read!]

📖 **Do the NT READING** as your “main meal”. You can do this alone, as a family, or with a study buddy!

FOLLOW THESE SIMPLE STEPS:

1. GIVE THANKS FOR THE “FOOD”: Thank God for the day’s NT reading and pray that the Holy Spirit will open your mind, heart and life to God’s Word – and richly feed your soul!
2. EAT: (Eat everything on your plate!) Read the entire assigned section. If you’re journaling, write down a highlight or two.
3. CHEW: (Don’t swallow your food whole!) Study the shorter section in parentheses, using these or similar questions:
 - a) *Who is speaking? Who is spoken to? Where? When?*
 - b) *What does this tell me about God, Jesus, the Holy Spirit? What does it tell me about people? Or, about me?*
 - c) *What seems to be the main point here?*
4. DIGEST: (Digestion is where your food metabolizes and becomes part of you!) Make this Scripture “part of you” by answering these questions: *Is there a command to keep? A promise to claim? An example to follow? A pitfall to avoid? A sin to stop? An attitude to adjust? A prayer to echo? A truth to share? Etc.* Pray that what you’ve “eaten” today will fill you and bless you and make you a blessing to others as you walk it and talk it!

"Give us each day our daily bread." Luke 11:3

January 2026

DATE	DAY	OT READING	NT READING
1	THU	PS 1	MAT 1 (20-25)
2	FRI	PS 2	MAT 2 (7-12)
3/4	S/S	--	MAT 3 (13-17)
5	MON	PS 3	MAT 4 (1-11)
6	TUE	PS 4	MAT 5:1-26 (3-12)
7	WED	PS 5	MAT 5:27-48 (43-48)
8	THU	PS 6	MAT 6 (25-34)
9	FRI	PS 7	MAT 7 (21-29)
10/11	S/S	--	MAT 8 (5-13)
12	MON	PS 8	MAT 9 (35-38)
13	TUE	PS 9	MAT 10 (26-33)
14	WED	PS 10	MAT 11 (25-30)
15	THU	PS 11	MAT 12:1-21 (15-21)
16	FRI	PS 12	MAT 12:22-50 (33-37)
17/18	S/S	--	MAT 13:1-30 (1-9,18-23)
19	MON	PS 13	MAT 13:31-58 (44-50)
20	TUE	PS 14	MAT 14 (22-33)
21	WED	PS 15	MAT 15 (10-20)
22	THU	PS 16	MAT 16 (13-20)
23	FRI	PS 17	MAT 17 (1-8)
24/25	S/S	--	MAT 18 (15-22)
26	MON	PS 18	MAT 19 (16-26)
27	TUE	PS 19	MAT 20 (20-28)
28	WED	PS 20	MAT 21:1-22 (12-17)
29	THU	PS 21	MAT 21:23-46 (28-32)
30	FRI	PS 22	MAT 22:1-22 (1-14)
31/1	S/S	--	MAT 22:23-46 (34-40)

"It is written, 'Man does not live on bread alone, but on every word that proceeds from the mouth of God.'" Matthew 4:4

February 2026

DATE	DAY	OT READING	NT READING
2	MON	PS 23	MAT 23 (1-12)
3	TUE	PS 24	MAT 24:1-25 (3-14)
4	WED	PS 25	MAT 24:26-51 (36-44)
5	THU	PS 26	MAT 25 (31-46)
6	FRI	PS 27	MAT 26:1-35 (6-13)
7/8	S/S	--	MAT 26:36-75 (47-56)
9	MON	PS 28	MAT 27:1-31 (15-26)
10	TUE	PS 29	MAT 27:32-66 (45-54)
11	WED	PS 30	MAT 28 (16-20)
12	THU	PS 31	MK 1:1-20 (14-20)
13	FRI	PS 32	MK 1:21-45 (40-45)
14/15	S/S	--	MK 2 (13-17)
16	MON	PS 33	MK 3 (31-35)
17	TUE	PS 34	MK 4:1-20 (26-29)
18	WED	PS 35	MK 4:21-41 (35-41)
19	THU	PS 36	MK 5 (25-34)
20	FRI	PS 37	MK 6:1-29 (1-6)
21/22	S/S	--	MK 6:30-56 (30-43)
23	MON	PS 38	MK 7 (1-8)
24	TUE	PS 39	MK 8 (31-38)
25	WED	PS 40	MK 9:1-29 (2-10)
26	THU	PS 41	MK 9:30-50 (33-37)
27	FRI	PS 42	MK 10:1-31 (13-16)
28/1	S/S	--	MK 10:32-52 (46-52)